

## About the team

### Speakers

**Niels Detert**, Clinical Neuropsychologist, Oxford Radcliffe Hospitals Trust  
**Bob Heath**, Music Therapist, Sir Michael Sobell House and The Prospect Hospice  
**Mary Miller**, Consultant in Palliative Medicine, Sir Michael Sobell House  
**Nicola Warner**, Consultant in Clinical Oncology, Oxford Radcliffe Hospitals Trust  
**Heather Waterton**, The Samantha Dickson Brain Tumour Trust

### Parallel Sessions

**Gail Eva**, Occupational Therapist and Research Fellow, Sir Michael Sobell House  
**Anne May**, Neuro-oncology Clinical Nurse Specialist, Oxford Radcliffe Hospitals Trust  
**Julia Newport**, Hospital Palliative Care Support Team, Oxford Radcliffe Hospitals Trust  
**Ann Marie O'Connor**, Speech and Language Therapist, and Lead AHP West London Cancer Network  
**Lois Barlow-Olsen**, Carer and Founder of Souls and Shadows Foundation  
**Marilyn Relf**, Head of Education, Sir Michael Sobell House  
**Anna Spathis**, Locum Consultant in Palliative Medicine, Sir Michael Sobell House

This study day has been planned by Sobell House Study Centre in collaboration with the Neuro-oncology Department, Oxford Radcliffe Hospitals NHS Trust. Sobell House Study Centre is the academic wing of Sir Michael Sobell House Hospice which is also part of the ORH Trust.

### Course Planning Team

**Pat Hartley**, Nurse Educator, Sir Michael Sobell House, Oxford  
**Anne May**, Neuro-oncology Clinical Nurse Specialist, ORH Trust  
**Julia Newport**, Clinical Nurse Specialist, Hospital Palliative Care Team, ORH Trust  
**Mary Miller**, Consultant in Palliative Medicine, Sir Michael Sobell House, Oxford  
**Marilyn Relf**, Head of Education, Sir Michael Sobell House, Oxford

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# Sobell Study Centre

Sir Michael Sobell House

## There's something invading my head: working with people with advanced brain tumours

30 April 2009

£120 (includes refreshments & lunch)

St. Anne's College, Woodstock Road, Oxford

### Target Audience

This study day will be of interest to all health care professionals wishing to improve care for patients with advanced brain tumours and their families.

## Education and Research in Palliative Care



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[www.sobellhospiceoxford.org](http://www.sobellhospiceoxford.org)

## There's something invading my head

### About this course

Caring for patients who have advanced brain tumours can be particularly challenging. This study day will explore the complex and sometimes daunting physical and psychological, issues from the perspectives of health care practitioners, patients and family members. Topics will include:

- The challenges of working with people with advanced brain disease
- Ethical principles underpinning the use of steroids: risk and burdens versus benefit
- Neuro-psychology – understanding cognitive and personality change
- The role of creative song writing in supporting patients with brain disease
- Family support and carer's perspectives
- Afternoon parallel sessions

### Programme

<b>08:30</b>	<b>Registration and coffee</b>
09:15	Management of brain tumours: challenges and developments in care <i>Nicola Warner</i>
09:45	Brain, emotion and personality <i>Niels Detert</i>
<b>10:45</b>	<b>Coffee</b>
11:15	Ethics and aims of steroid therapy <i>Mary Miller</i>
12:00	Souls and shadows: the role of creative song writing in a patient's journey <i>Bob Heath</i>
<b>13:00</b>	<b>Lunch</b>
14:00	Choice of parallel sessions 1
<b>14:45</b>	<b>Tea</b>
15:15	Choice of parallel sessions 2
16:10	Things I would like to say: the impact on carers and relatives <i>Heather Waterton</i>
16:45	In conclusion
<b>17:00</b>	<b>Close</b>

## Working with people with advanced brain tumours

### Parallel sessions

Please indicate your choice on application form

#### Session 1: Rehabilitation

*Gail Eva and Ann Marie O'Connor*

This session will provide practical guidance on supporting brain tumour patients, and their carers, to live everyday life as fully as possible. It will include specific strategies for managing physical disability, cognitive and memory problems, and communication difficulties.

#### Session 2: Challenging symptoms

*Anna Spathis and Mary Miller*

This session will explore the management of seizures and challenging behaviours.

#### Session 3: Learning from a carer's experience

*Lois Barlow-Olsen and Anne May*

In this session Anne May will talk to Lois Barlow-Olsen about her experience of sharing the journey of her young husband, Caspar, and their family through his illness.

#### Session 4: Grief and loss

*Marilyn Relf and Julia Newport*

This session will explore grief and loss responses in relation to brain tumours from diagnosis to bereavement. It will include strategies to support relatives and minimise the risks to health associated with grief and bereavement.

If you need to stay overnight in Oxford you can find a comprehensive list of hotels and bed and breakfast accommodation at [www.oxfordcity.co.uk](http://www.oxfordcity.co.uk) or telephone the Tourist Information Centre 01865 726871.

For application form and to see our full education programme, please visit our website: [www.sobellhospiceoxford.org](http://www.sobellhospiceoxford.org)

# Sobell Study Centre: Registration Form *(please photocopy)*

There's something invading my head:  
 Working with people with advanced brain tumours  
 30 April 2009, St Anne's College, Oxford

Surname		First Name	
Title	male/female	Job Title	
Organisation			
Work address			Preferred address for correspondence (if different)
Postcode			
Telephone	Work	Home	
Email			Fax
Special requirements			

**Payment options please select**

- I enclose a cheque payable to Sobell Study Centre for £\_\_\_\_\_
- Please invoice my organisation for £\_\_\_\_\_
- Before requesting an invoice please ensure that you have authority from your funding body.*

Name & address of the person to whom the invoice should be sent
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**Conditions of registration:** To be formally registered we must receive a completed booking form and full payment six weeks prior to the event.

Unless otherwise stated for specific courses, the following administration charges will be made for cancellations:

- Up to 30 working days before the event - 10% of course fee.
- From 29-15 working days before the event - 25% of course fee.
- Less than 15 working days before the event or non-attendance - no refund.

A colleague may replace you on the day although Sobell Study Centre must be informed of this substitution in advance. All information in this leaflet is correct at the time of printing. Please note: there may be additional conditions for courses held at venues other than Sobell Study Centre.

**Accommodation:** You are responsible for making your own arrangements for accommodation. You will find a comprehensive list of hotels and guest houses on the following website: <http://www.oxfordcity.co.uk/accom/>

**Data protection:** Sobell Study Centre is an organisation that conducts research & training in palliative care. We maintain databases for course management, marketing, and for our library. Contact details for attendees are held & may be used as a basis for a mailing list to promote future courses. A list of names and workplaces of course participants may be circulated in delegate packs, for course participants only.

I have read and understand the conditions of registration.

Signed ..... Date .....

Please return this form along with your cheque or invoice details:

Post to: **Sobell Study Centre, Sir Michael Sobell House, Churchill Hospital, Oxford, OX3 7LJ.**

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